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## **CHALLENGES AND OBSTACLES TO IMPROVING THE QUALITY OF LIFE OF VETERANS AND THEIR FAMILIES**

The article analyses new obstacles and challenges faced or potentially faced by families of veterans of the Russian-Ukrainian war that impact their quality of life. The paper analyses empirical data related to the quality of life of families of war veterans in Ukraine, the structure of households of combatants, and the study of complexity in social policy. The analysis is conducted within the framework of the Family quality of life (FQOL) theory.

Analysis of broad array of the contemporary studies allowed to formulate the new challenges encountered by families of veterans during reintegration into civilian life, among them institutional unreadiness of state bodies to address the continuously growing problems of ensuring adequate quality of life for veterans and their families; prolonged stress experienced by both those needing support and those expected to provide it; increased likelihood of family problems and conflicts escalating; insufficient awareness among family members regarding ways to support and assist veterans.

Based on the analysis of household structures of combatants, the importance of a family-oriented approach to shaping state policy concerning veterans is emphasized.

Overcoming the wide range of challenges and obstacles to improving the quality of life of different types of families requires a comprehensive approach to public policy development. The theory of family quality of life offers a multidimensional vision of the issue that should be applied in policy, focusing on the development of family strengths rather than weaknesses, combining an individual-oriented approach with a family-oriented one, objective characteristics with subjective indicators in overcoming new challenges for veterans and their families.

**Keywords:** veteran, Russian-Ukrainian war, families of veteran, quality of life, Family quality of life (FQOL) theory